

## Ideas for prayer

This page is to share ideas and support for personal and small group prayer – especially at this time when we can not meet as a large community

## Teach us to pray

If you want to learn a bit more about how to pray, and in particular a pattern for prayer then [www.peregrini.co.uk/toolboxes](http://www.peregrini.co.uk/toolboxes) has a toolbox for prayer

## Online daily prayers

These webpages offer online daily patterns for prayer

<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>

you can click on the date, type of prayer and session in the day (morning, mid-day, evening, night) and it will set up the full liturgy to use

less wordy and more poetic is

<https://www.northumbriacommunity.org/offices/how-to-use-daily-office>

and on the right side it has a menu to choose from

including more time for silence is

<http://peregrini.co.uk/the-peregrini-office>

and each day has a morning and evening prayer

The CofE is working with the BBC and there are more services being broadcast on the TV and radio

Tracey from St Thomas Mellor is broadcasting morning and evening prayer

[https://www.youtube.com/channel/UCUI\\_VQEoL1RHcxOlXq8DmhA?fbclid=IwAR3KfB\\_9QOV3pj3\\_ZSGvaK81jvAryaaMAHwX0jU5KZy6m0XtqFk4nNwTQol](https://www.youtube.com/channel/UCUI_VQEoL1RHcxOlXq8DmhA?fbclid=IwAR3KfB_9QOV3pj3_ZSGvaK81jvAryaaMAHwX0jU5KZy6m0XtqFk4nNwTQol)

and a number of local churches are broadcasting something on Sunday morning

## Apps

There are various apps which can be used on your phone, the Church of England has its ones listed here <https://www.chpublishing.co.uk/apps> but you may be better looking to download them to phone through the phone app manager

There are also many bible apps, here is one

<https://www.youversion.com/the-bible-app>

### Home grown idea

We have some videos from the Messy Church and Holiday Club group and they can be found <https://www.youtube.com/channel/UC8jDC5qscBpuKaYu3IHNSCg>

And there are some other videos on the DisleyParishChurches channel

<https://www.youtube.com/channel/UCZNkrZeQnJ9UVZO9pnWB-4A>

### For families

There is a daily home family worship at Worship for Everyone

<https://www.youtube.com/channel/UC2dYemDuCz36mIKAt0DwhcA>

for younger children – if you have seen me lead the story time with singing and bible stories – this is the lady that taught me

<https://www.facebook.com/pg/OasisSoftPlayWhitefield/videos>